

ARRIVAL RESOURCES FOR INTERNATIONAL STUDENTS AND SCHOLARS

GROCERY/FOOD DELIVERY

INSTACART

[instacart.com](https://www.instacart.com)

For delivery from:

Stop & Shop

Aldi

Big Y

Price Chopper

Staples (school supplies)

CVS Pharmacy (toiletries, personal care)

Input zipcode for delivery options outside Storrs

RESTAURANT TAKE OUT/DELIVERY

[Downtown Storrs Dining](#)

Food delivery services like

[Yamifun](#), [UberEats](#), [Hungrybutton](#),

[DoorDash](#), [Grubhub](#)

ONLINE SHOPPING

BIGGEST ONLINE RETAILERS INCLUDE:

[Amazon](#)

[Walmart](#) (department store)

[Target](#) (department store)

[Wayfair](#) (furniture)

[Bestbuy](#) (electronics)

LIVE ON CAMPUS?

Check with [UConn Student Mail Services](#) for [package delivery policy](#).

UNDERSTANDING CURRENT ARRIVAL REQUIREMENTS

[U.S. CDC GUIDELINES AFTER INTERNATIONAL TRAVEL](#)

Fully vaccinated?

You do not have to quarantine after travel. COVID-19 testing recommended 3-5 days after travel. Monitor for symptoms and test if they develop. Isolate if you test positive.

Not fully vaccinated?

Follow above recommendations and quarantine for 5 days after arrival. Do not attend class.

[UNIVERSITY GUIDELINES](#)

University [vaccine and booster requirements](#).

During first two weeks of semester:

Follow [RED](#) guidelines if you are on-campus. [Residential students](#) are not permitted to leave campus and cannot have guests in their rooms.

IF YOU FEEL SICK

REGIONAL CAMPUS STUDENTS AND SCHOLARS:

Call your Primary Care Provider, if you have one. If not, call your insurance company to confirm in-network providers, or call an Urgent Care Center, explain your symptoms and ask if they accept your insurance. Do not go in person.

STORRS CAMPUS STUDENTS:

Call UConn SHaW at 860-486-4700

MEDICAL EMERGENCY? CALL 911

STAY BUSY WITH U-KINDNESS

Whether you live on- or off-campus, UConn's U-Kindness initiative is your best place to find ways to stay busy outside of coursework, in the first weeks after arrival and throughout fall semester.

Not sure how to participate in a particular activity? Contact the activity host, or your ISSS advisor.

[KINDNESS.STUDENTAFFAIRS.UCONN.EDU](https://kindness.studentaffairs.uconn.edu)

IMPORTANT RESOURCES

[UConn COVID-19 INFORMATION](#)

[OFF CAMPUS AND COMMUTER STUDENT SERVICES](#)

[RESIDENTIAL LIFE](#)

[DINING SERVICES](#)

[DEAN OF STUDENTS \(STUDENT AFFAIRS\)](#)

[BURSAR \(PAYING YOUR FEE BILL\)](#)

[STUDENT HEALTH AND WELLNESS-MEDICAL CARE](#)

[STUDENT HEALTH AND WELLNESS-MENTAL HEALTH](#)

[GRADUATE ASSISTANT INSURANCE](#)

[UNIVERSITY SPONSORED INSURANCE PLAN](#)

[THE GRADUATE SCHOOL](#)

[REGISTRAR \(COURSE REGISTRATION\)](#)