ARRIVAL RESOURCES FOR INTERNATIONAL STUDENTS AND SCHOLARS

GROCERY/FOOD DELIVERY

INSTACART
instacart.com
For delivery from:
Stop & Shop
Aldi
Big Y
Price Chopper
Staples (school supplies)
CVS Pharmacy (toiletries, personal care)
Input zipcode for delivery options outside Storrs

ONLINE SHOPPING

BIGGEST ONLINE RETAILERS INCLUDE:

Amazon
Walmart (department store)
Target (department store)
Wayfair (furniture)
Bestbuy (electronics)

LIVE ON CAMPUS?
Check with UConn Student Mail Services for package delivery policy.

UNDERSTANDING CURRENT ARRIVAL REQUIREMENTS

U.S. CDC GUIDELINES AFTER INTERNATIONAL TRAVEL:

Fully vaccinated?
You do not have to quarantine after travel.
COVID-19 testing recommended 3-5 days after travel.
Monitor for symptoms and test if they develop.
Isolate if you test positive.

Not fully vaccinated?
Follow above recommendations and quarantine for 5 days after arrival. Do not attend class.

UNIVERSITY GUIDELINES

University vaccine and booster requirements.
Follow RED guidelines if you are on-campus.
Residential students are not permitted to leave campus and cannot have guests in their rooms.

STAY BUSY WITH U-KINDNESS

Whether you live on- or off-campus, UConn's U-Kindness initiative is your best place to find ways to stay busy outside of coursework, in the first weeks after arrival and throughout fall semester.

Not sure how to participate in a particular activity? Contact the activity host, or your ISSS advisor.

KINDNESS.STUDENTAFFAIRS.UCONN.EDU

IF YOU FEEL SICK

REGIONAL CAMPUS STUDENTS AND SCHOLARS:
Call your Primary Care Provider, if you have one. If not, call your insurance company to confirm in-network providers, or call an Urgent Care Center, explain your symptoms and ask if they accept your insurance. Do not go in person.

STORRS CAMPUS STUDENTS:
Call UConn SHaW at 860-486-4700

MEDICAL EMERGENCY? CALL 911

IF YOU FEEL SICK

STAY BUSY WITH U-KINDNESS

UNIVERSITY GUIDELINES

University vaccine and booster requirements.

During first two weeks of semester:

STAY BUSY WITH U-KINDNESS

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IMPORTANT RESOURCES

UCONN COVID-19 INFORMATION
OFF CAMPUS AND COMMUTER STUDENT SERVICES
RESIDENTIAL LIFE
DINING SERVICES
DEAN OF STUDENTS (STUDENT AFFAIRS)
BURSAR (PAYING YOUR FEE BILL)
STUDENT HEALTH AND WELLNESS-MEDICAL CARE
STUDENT HEALTH AND WELLNESS-MENTAL HEALTH
GRADUATE ASSISTANT INSURANCE
UNIVERSITY SPONSORED INSURANCE PLAN
THE GRADUATE SCHOOL
REGISTRAR (COURSE REGISTRATION)