ARRIVAL RESOURCES FOR INTERNATIONAL STUDENTS AND SCHOLARS

INTERNATIONAL STUDENT AND SCHOLAR SERVICES

GROCERY/FOOD DELIVERY

INSTACART
instacart.com
Free delivery from:
Stop & Shop
Aldi
Big Y
Price Chopper
Staples (school supplies)
CVS Pharmacy (toiletries, personal care)
Input zipcode for delivery options outside Storrs

ONLINE SHOPPING

BIGGEST ONLINE RETAILERS INCLUDE:
Amazon
Walmart
Target
Wayfair (furniture)
Bestbuy (electronics)

LIVE ON CAMPUS?
Check with UConn Student Mail Services for package delivery policy.

UNDERSTANDING CURRENT ARRIVAL REQUIREMENTS

UNIVERSITY REQUIREMENTS:
Quarantine requirements for Residential Students
Health/testing requirements for off-Campus Students

CONNECTICUT AND U.S. ARRIVAL REQUIREMENTS:
State of CT requires travelers from certain U.S. states to complete a travel form and mandatory quarantine requirement after arrival. Learn more here.
Students who arrive from international locations should also stay home as much as possible and monitor symptoms for 14 days after arrival. Learn more here. CDC Information for travelers from entry restricted countries.

STAY BUSY WITH U-KINDNESS

Whether you live on- or off-campus, UConn’s U-Kindness initiative is your best place to find ways to stay busy outside of coursework, in the first weeks after arrival and throughout fall semester.

Not sure how to participate in a particular activity? Contact the activity host, or your ISSS advisor.
KINDNESS.STUDENTAFFAIRS.UCONN.EDU

STORRS CAMPUS STUDENTS:
Call UConn SHaW at 860-486-4700

IF YOU FEEL SICK

REGIONAL CAMPUS STUDENTS AND SCHOLARS:
Call your Primary Care Provider, if you have one. If not, call your insurance company to confirm in-network providers, or call an Urgent Care Center, explain your symptoms and ask if they accept your insurance. Do not go in person.

STUDENT HEALTH AND WELLNESS - MEDICAL CARE

UNIVERSITY SPONSORED INSURANCE PLAN
THE GRADUATE SCHOOL
REGISTRAR (COURSE REGISTRATION)

IMPORTANT RESOURCES

UCONN REOPENING PLAN
OFF CAMPUS AND COMMUTER STUDENT SERVICES
RESIDENTIAL LIFE
DINING SERVICES
DEAN OF STUDENTS (STUDENT AFFAIRS)
Bursar (PAYING YOUR FEE BILL)
STUDENT HEALTH AND WELLNESS - MEDICAL CARE
STUDENT HEALTH AND WELLNESS - MENTAL HEALTH
GRADUATE ASSISTANT INSURANCE

Visit isss.uconn.edu or contact international@uconn.edu