ARRIVAL RESOURCES FOR INTERNATIONAL STUDENTS AND SCHOLARS

GROCERY/FOOD DELIVERY

INSTACART
instacart.com
Free delivery from:
Stop & Shop
Aldi
Big Y
Price Chopper
Staples (school supplies)
CVS Pharmacy (toiletries, personal care)
Input zipcode for delivery options outside Storrs

RESTAURANT TAKE OUT/DELIVERY
Downtown Storrs Dining
Food delivery services like
Yamifun, Ubereats, Hungerybutton, DoorDash, Grubhub

ONLINE SHOPPING

BIGGEST ONLINE RETAILERS INCLUDE:
Amazon
Walmart
Target
Wayfair (furniture)
Bestbuy (electronics)

LIVE ON CAMPUS?
Check with UConn Student Mail Services for package delivery policy.

UNDERSTANDING CURRENT ARRIVAL REQUIREMENTS

UNIVERSITY REQUIREMENTS:
Fully vaccinated?
You do not have to quarantine after travel.

Not fully vaccinated?
Stay home for seven days and monitor symptoms after international travel from/through an entry-restricted country. Do not attend class.

If arriving after domestic travel, or international travel from/through countries that are not entry-restricted, stay home for seven days, but you may attend class.

COVID-19 TESTING AFTER INTERNATIONAL TRAVEL
Get tested for COVID-19 before travel, upon arrival, and 5-7 days after arrival. Upload test results to myhealth.uconn.edu.

IF YOU FEEL SICK

REGIONAL CAMPUS STUDENTS AND SCHOLARS:
Call your Primary Care Provider, if you have one. If not, call your insurance company to confirm in-network providers, or call an Urgent Care Center, explain your symptoms and ask if they accept your insurance. Do not go in person.

STORRS CAMPUS STUDENTS:
Call UConn SHaW at 860-486-4700

MEDICAL EMERGENCY? CALL 911

STAY BUSY WITH U-KINDNESS

Whether you live on- or off-campus, UConn’s U-Kindness initiative is your best place to find ways to stay busy outside of coursework, in the first weeks after arrival and throughout fall semester.

Not sure how to participate in a particular activity? Contact the activity host, or your ISSS advisor.

KINDNESS.STUDENTAFFAIRS.UCONN.EDU

IMPORTANT RESOURCES

UCONN COVID DASHBOARD
OFF CAMPUS AND COMMUTER STUDENT SERVICES
RESIDENTIAL LIFE
DINING SERVICES
DEAN OF STUDENTS (STUDENT AFFAIRS)
BURSAR (PAYING YOUR FEE BILL)
STUDENT HEALTH AND WELLNESS-MEDICAL CARE
STUDENT HEALTH AND WELLNESS-MENTAL HEALTH
GRADUATE ASSISTANT INSURANCE
UNIVERSITY SPONSORED INSURANCE PLAN
THE GRADUATE SCHOOL
REGISTRAR (COURSE REGISTRATION)

Visit isss.uconn.edu or contact international@uconn.edu