What to do if you are sick:

If you have **fever**, **cough** or **shortness of breath**

Call a health care provider first to determine next steps

**STORRS CAMPUS STUDENTS**

Call Student Health and Wellness (SHaW) 860-486-4700 and select listen for instructions to reach an advice nurse.

**ALL STUDENTS & SCHOLARS**

The advice nurse is available by phone 24 hours/day, 7 days/week at 860-486-4700.

**REGIONAL CAMPUS STUDENTS & SCHOLARS**

Call your *Primary Care Provider* OR an urgent care

**Medical Terminology**

*Primary Care Provider (PCP):* a general practitioner who serves as a patient's primary health care contact, such as a medical doctor/physician, nurse practitioner/APRN, or physician's assistant/PA, to whom a patient first goes to address a problem with their health.

Over the Counter (OTC): Nonprescription medicine available in most drug stores, groceries, convenience stores without a prescription from a doctor. Follow directions on the label or as directed by your health care professional.

Prescription Drug: A drug that is available only with written instructions from a doctor, dentist or pharmacist that you must pick up at a pharmacy.

**Other non-urgent medical concerns:** call SHaW at 860-486-2719 to schedule an appointment. Eligible CT residents may be able to schedule a telehealth visit.

How to find a PCP: 1. Consider personal recommendations & convenience to where you live/business hours 2. Check insurance plan to see if that office is a covered provider 3. Call and ask if they are accepting new patients.